

Saturday	Running Club	Highland Athletics	Wrestling	Kids Athletics	
7:00 AM	Registration	Setup	Setup		
7:15 AM					
7:30 AM					
7:45 AM					
8:00 AM	5k Run	Final Registration	Safety Meeting		
8:15 AM					
8:30 AM	Kids Mile	Safety Meeting			
8:45 AM					
9:00 AM	Kilted Mile	Start / Braemar Stone Putt		Kids Corner	
9:15 AM					
9:30 AM		Open Stone Putt			
9:45 AM					
10:00 AM		Heavy Weight-for-distance			
10:15 AM					
10:30 AM		Light Weight-for-distance			
10:45 AM					
11:00 AM		Heavy Hammer			Open Training
11:15 AM					
11:30 AM	Light Hammer	Compete	Start Competition		
11:45 AM					
12:00 PM		Opening Ceremonies Parade	Opening Ceremonies Parade	Opening Ceremonies Parade	
12:15 PM					
12:30 PM		~ Lunch ~	~ Lunch ~		
12:45 PM					
1:00 PM		Caber Toss	Open Training		
1:15 PM					
1:30 PM		Compete			
1:45 PM					
2:00 PM		Sheaf Toss		Kids Corner	
2:15 PM					
2:30 PM		Open Training			
2:45 PM					
3:00 PM		Heavy Weight-for-height	Compete		
3:15 PM					
3:30 PM		End Competition / Score Tallies	Score Tallies		
3:45 PM					
4:00 PM		Trophy Ceremony On	Trophy Ceremony On		
4:15 PM					
4:30 PM		Main Stage	Main Stage		
4:45 PM					
5:00 PM					
5:15 PM					
5:30 PM					

Sunday
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Highland Athletics
Setup
Final Registration
Safety Meeting
Start / Braemar Stone Putt
Open Stone Putt
Heavy Weight-for-distance
Light Weight-for-distance
Heavy Hammer
Light Hammer
Kirkin'-O-Tartan
~ Lunch ~
Caber Toss
Sheaf Toss
Heavy Weight-for-height
End Competition / Score Tallies
Trophy Ceremony On
Main Stage